

July
2020

Provider Trainings

ARIZONA SEXUAL VIOLENCE & I/DD RESPONSE
COLLABORATIVE

The Arizona Sexual Violence & I/DD Response Collaborative is a coalition of stakeholders, organizations, and agencies dedicated to spreading awareness and leading prevention efforts of sexual violence among people with intellectual & developmental disabilities across the state. The Training & Prevention workgroup exists to create, disseminate, and/or administer trainings throughout the state to families, self-advocates, medical professionals, providers, police, state agencies, and the general public, etc to aid in prevention efforts. The group will be compiling and vetting a list of trainings and curriculums focused on educating different members of the community on the topic of sexual abuse with the hope that interested parties will take advantage. The first phase of this effort is targeted to training providers. (For additional trainings to add, please contact addpc@azdes.gov.)

The group determined that provider trainings with the intention of preventing, reporting and offering support to victims of sexual abuse should include the following desired criteria:

- Prevalence and dynamics of sexual abuse and ACEs
- How to recognize sexual abuse, including among non-verbal individuals
- Consequences for not reporting abuse and freedom from retaliation (mandatory reporting)
- Encouraging wellness exams that include sexual and reproductive health and how to coordinate that care
- How to report abuse
- How to access resources and trauma-informed services, victims services, and/or treatment to help support individuals with I/DD & families
- Where to reach out for support
- Training should be inclusive of common sense and compassion
- How to communicate/interact with members with I/DD in a trauma-informed manner
- Training and interventions from a developmental perspective
- Healthy boundaries, healthy relationships and what unhealthy relationships look like
- Knowing rights for members who are under 18 and over 18 when a guardian is involved (e.g., dignity of risk, co-production, healthy & safe relationships)

After reviewing 17 trainings for providers, the following list includes trainings at no cost and include many of the desired criteria. The list will grow as more trainings are discovered and vetted.

SERVICE PROVIDERS

Serving Sexual and Domestic Violence Survivors with Disabilities

Author: Collaboration with Ability 360 and the Arizona Coalition to End Sexual Domestic Violence (www.acesdv.org)

Duration: 1-day workshop

Targeted Audience: Those who work with people with disabilities

Medium: in person

Cost: No cost

Content: The morning session will provide a discussion on disability history and culture, practical language, and etiquette skills will be reviewed that will help professionals provide better interaction and promote client empowerment and independence. We will provide an overview of the dynamics of sexual and domestic violence, specifically as it relates to survivors with disabilities. Attendees will learn how to better serve survivors in this community in order to increase safety and improve their advocacy experience. Attendees will have the opportunity to network with organizations who directly serve people with disabilities and organizations that serve survivors of sexual and domestic violence.

Criteria:

- ✓ Prevalence and dynamics of sexual abuse and ACEs
- ✓ How to recognize sexual abuse, including among non-verbal individuals
- ✓ How to report abuse
- ✓ How to access resources and trauma-informed services, victims services, and/or treatment to help support individuals with I/DD & families
- ✓ Where to reach out for support
- ✓ Training is inclusive of common sense and compassion
- ✓ How to communicate/interact with members with I/DD in a trauma-informed manner
- ✗ Healthy boundaries, healthy relationships and what unhealthy relationships look like
- ✗ Consequences for not reporting abuse and freedom from retaliation (mandatory reporting)
- ✗ Encouraging wellness exams that include sexual and reproductive health and how to coordinate that care

- ✘ Knowing rights for members who are under 18 and over 18 when a guardian is involved (e.g., dignity of risk, co-production, healthy & safe relationships)

Serving Victims with Cognitive and Communication Disabilities

Author: Arizona Developmental Disabilities Planning Council

Duration: 1 hour

Targeted Audience: Those that work with people with developmental disabilities

Medium: Webinar (<https://www.youtube.com/watch?v=VzTONVIANh4>)

Cost: no cost

Content: This webinar produced in 2019 discusses the high risk of abuse against people with disabilities and explores communication tips and what to do when the abuser is the caregiver/guardian. This webinar also presents on how to help those who are non-verbal along with resources to refer to in the community.

Criteria:

- ✓ Prevalence and dynamics of sexual abuse and ACEs
- ✓ How to recognize sexual abuse, including among non-verbal individuals
- ✓ How to report abuse
- ✓ How to access resources and trauma-informed services, victims services, and/or treatment to help support individuals with I/DD & families
- ✓ Where to reach out for support
- ✓ Training is inclusive of common sense and compassion
- ✓ How to communicate/interact with members with I/DD in a trauma-informed manner
 - ✓ Healthy boundaries, healthy relationships and what unhealthy relationships look like
 - ✘ Consequences for not reporting abuse and freedom from retaliation (mandatory reporting)
 - ✘ Encouraging wellness exams that include sexual and reproductive health and how to coordinate that care
 - ✘ Knowing rights for members who are under 18 and over 18 when a guardian is involved (e.g., dignity of risk, co-production, healthy & safe relationships)

Awareness & Action (Educating Persons with Disabilities on Recognizing, Reporting and Responding to Abuse)

Author: Commonwealth of Massachusetts

Duration: 3 hours

Targeted Audience: The training is open to persons with disabilities, support staff and families.

Medium: Train the trainer curriculum, presentation, and workbook. Should be presented in- person. (Contact emcfadden@azdes.fgov for a copy).

Cost: Free

Content: The purpose of the Trainer Guide is to provide trainers with the necessary skills, attitudes and knowledge to teach people with disabilities, support staff, families, and other interested people in recognizing, reporting and responding to abuse. This challenging topic requires a team of trainers to work together. Every training team includes people with disabilities and others to teach the curriculum content, support participants as needed, and provide community resources.

Criteria:

- ✓ Prevalence and dynamics of sexual abuse and ACEs
- ✓ How to recognize sexual abuse, including among non-verbal individuals
- ✓ Consequences for not reporting abuse & freedom from retaliation (mandatory reporting)
- ✓ How to report abuse
- ✓ How to access resources and trauma-informed services, victims services, and/or treatment to help support individuals with I/DD & families
- ✓ Where to reach out for support
- ✓ How to communicate/interact with members with I/DD in a trauma-informed manner
- ✗ Encouraging wellness exams that include sexual and reproductive health and how to coordinate that care
- ✗ Training is inclusive of common sense and compassion
- ✗ Healthy boundaries, healthy relationships and what unhealthy relationships look like
- ✗ Knowing rights for members who are under 18 and over 18 when a guardian is involved (e.g., dignity of risk, co-production, healthy & safe relationships)

Recognizing and Reporting Abuse, Neglect, & Exploitation of Vulnerable Adults

Author: Department of Economic Security

Targeted Audience: All DDD employees and providers

Duration: 7 hours

Medium: on-line (<https://des.az.gov/training-resources-materials-qualified-ddd-vendors>)

Cost: free

Content: This course is required by all DES employees. Participants will learn how to identify abuse, neglect, and exploitation and expectations for mandated reporting.

Criteria:

- ✓ Prevalence and dynamics of sexual abuse and ACEs
- ✓ How to recognize sexual abuse, including among non-verbal individuals
- ✓ Consequences for not reporting abuse & freedom from retaliation (mandatory reporting)
- ✓ How to report abuse
- ✓ Where to reach out for support
- ✓ How to communicate/interact with members with I/DD
- ✗ Encouraging wellness exams that include sexual and reproductive health and how to coordinate that care
- ✗ How to access resources and trauma-informed services and treatment to help support individuals with I/DD & families
- ✗ Healthy boundaries, healthy relationships and what unhealthy relationships look like
- ✗ Lacks trauma-informed approach
- ✗ Knowing rights for members who are under 18 and over 18 when a guardian is involved (e.g., dignity of risk, co-production, healthy & safe relationships)