THE IMPACT OF SEXUAL VIOLENCE

Sexual violence is any sexual conduct that occurs without consent. A person consents to a sexual act by agreeing to it freely and willingly without being forced or coerced. Sexual violence can look many different ways, including:

- **UNWANTED SEXUAL CONTACT**: unwanted sexual experiences involving touch, such as being kissed, fondled, or grabbed.
- **SEXUAL HARASSMENT**: unwelcome sexual advances, requests for sexual favors, and/or verbal or physical sexual conduct.
- **NON-CONTACT SEXUAL VIOLENCE**: unwanted sexual experiences with no physical contact, such as voyeurism.
- **SEXUAL COERCION**: pressuring or manipulating someone into engaging in a sexual activity.
- **RAPE**: vaginal, anal, and/or oral penetration with a body part or object without a person’s consent.

### PREVALENCE

- **1 in 2 women**
- **1 in 4 men**
- **1 in 2 transgender individuals**

1 in 2 transgender individuals have experienced contact sexual violence in their lifetime.

**Children**: An estimated 1 in 4 girls and 1 in 6 boys have experienced child sexual abuse.

**Economic Impact**: The lifetime cost of rape per victim is over $120,000.

**People who commit sexual harm**: 80 - 85% of sexual violence victims reported that the perpetrator was known to them.

**Oppression**: The root cause of sexual violence is power and oppression. We cannot eradicate sexual violence until we eliminate oppression in all forms.

**Traumatic Impact**: Sexual violence can have a lasting impact physically, socially, and psychologically.

- Post traumatic stress
- Anxiety
- Depression
- Chronic pain
- Problems at work or school
- Low self-esteem
- Relationship problems
- Gastrointestinal issues
- Fatigue
- Sexually transmitted infections

### WAYS TO HELP

Believe • Donate • Vote • Organize • Collaborate

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