



Safety Plans for Domestic Violence Victims & Survivors Safety at Your Place of Employment

Tell somebody. Decide whom at work you will inform of your situation, especially if you have an Order of Protection. This may include office security if available. Provide a picture of the abuser if possible. It is your right to request and expect confidentiality from those you disclose to.

Screen your calls. Arrange to have someone screen and log your telephone calls if possible.

Make a safety plan. Create a safety plan for when you enter and leave your work place. Have someone escort you to your vehicle or other transportation. If you and the abuser work at the same place, discuss with your supervisor your options regarding scheduling, safety precautions, employee/family benefits. Places of employment may seek to obtain an Injunction Against Workplace Harassment against the abuser to assist in your safety as well as the safety of other employees.

Contact your local domestic violence victim services program to receive additional information about workplace safety.

These suggestions do not apply to every survivor in every situation. These are to be used as a guideline. Please safety plan around your own individual needs and circumstances.